

Introducing Women At Work:

Mrs. Sultana
Peer Mohamed

BEAUTY is a woman's heritage, and Mrs. Sultana H. Peer Mohamed makes it possible for her many women clients to walk into her hair-dressing saloon with their hair awry, and walk out beautifully groomed.

Charming, soft-spoken Sultana fits very well into the picture of her quite simple hair-dressing room, set aside in her tastefully furnished home. Here her clients either come to use that fabulous Relax-i-Cizer, which trims away those extra inches; or else they have their hair set, permed, cut or trimmed before two big oval mirrors, set above beautiful light-grey formica-topped tables which have built-in basins for shampooing the hair.

Here, Sultana, in starched,



printed cotton sarees, works in the uncluttered room, which has a comfortable arm-chair, hair-dryer and all the other paraphernalia needed for hairdressing.

When I asked Sultana what made her decide to take to hair-dressing, she said she had always been interested in hair-dressing, but didn't have an opportunity to take it up professionally.

After a twelve-month training from Roger, a popular hair-dresser in Karachi, who has gone back to England now, she still could not start, as her second child was born. But for the last two years she has been practising hair-dressing, as her two children, a girl of nine and a boy aged five, are both at school; and being the wife of a busy doctor, she has much spare time. Her doctor husband is proud of his enterprising wife.

On most days of the week,

she has clients coming between 9.30 a.m. and 1.30 p.m. Sultana doesn't intend to expand her work as she feels she must have enough time to spare for her children. Besides working all morning, she also works full day for brides and their families.

She believes that the beautiful hair style has come to stay for some time more, but she says women should not follow fashion blindly. As for each one's appearance, she makes sure each face gets the particular hair-style suited to it. Sultana says it is nice to see today's teenagers take the trouble to have a well-groomed appearance.

Sultana's friends introduce their friends to her, and so her clients increase and she enjoys meeting and chatting with different people and the heady sense of achievement when the ladies' beautiful, well-groomed hair are done by her. She enjoys reading magazines, shopping, parties, and movies with her own friends.

We women are lucky to have hair-dressers like Mrs. Sultana H. Peer Mohamed—what with the boisterous winds of Karachi we would hardly have seen plain plaits, beautiful bouffants, or feminine curls and waves.

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At Work

Zainub Currimbhoy

EVERY Monday, Wednesday and Friday, you will find Mrs. Zainub Currimbhoy among twenty-five or thirty girls conducting either her cooking class or her handwork class.

She has a cosmopolitan crowd of ladies, some of whom, engaged to be married, are trying to make the most of Mrs. Currimbhoy's class, to prepare some very practical and attractive dishes. Others among the students are teenagers, new brides, seasoned housewives and teachers.

When I asked them in what way Mrs. Currimbhoy's classes have helped them, they replied that most of them knew the ordinary daily requisite dishes when they joined the class, but Zainub's simple way of teaching in a friendly, relaxed atmosphere has made it possible for them to serve cakes, pastries, parties, and other attractive and tasty dishes to their guests and their family.

Besides the dishes which they learnt in the class, they have additional recipes from Zainub's cookery book "Joy of Cooking", which she has recently published. In it are her collection of recipes, which over the years she has found very popular at her tea and dinner parties.

Zainub's first training in cooking, handwork and painting started in the Dawood Fazal School in Bombay. Her family recalls the many recipes she would insist on trying, and the many friends she would invite to share the marvellous results. She also always gave gifts to her friends and relatives made with her own hands.

Later on, she took a diploma in painting and attended a cooking course at the YWCA.

At her handwork class, she teaches useful and fancy articles for the home in stitching, embroidery, knitting, crochet and shetle. Here you can see the girls deeply engrossed in their work amidst two swing machines or wool and knitting needles or

busy with scissors cutting out toys.

MRS. CURRIMBHOY, like all busy people, always finds time to do one more work. She manages to run a home for her husband and four children (the eldest is seventeen and the youngest four). Cooks for them and she still has time for her classes and to attend and prepare handicraft for the Busy Bees C I U B

where she was voted the President. She is also a member of the Lions and Lionnades International Club.

Zainub's marvellous cakes which she demonstrated at the Philips T.V. at the Pak-Industrial Fair, and her efficient classes run smoothly even without

a formica-topped modern kitchen. Her big and spacious kitchen has a gas range and all the other small and big gadgets used in preparing her dishes.

Besides cooking, she hardly gives her hands free time; she is either knitting or crocheting beautiful shawls for her many friends and relations. Her sumptuous teas and dinners are well-known and looked forward to by her friends.

On her free afternoons, she relaxes reading the daily papers or women's magazines and her evenings are spent either with her family at home or visiting.

She thinks all women, if they run their homes efficiently and on a well-planned basis, could have much more free time to use their own special talents in some way or other.

She cannot understand anyone who says I don't have time!

Good luck to Mrs. Currimbhoy if she helps more women to follow her good cooking and her philosophy on time!

—MRS. HABEEB